



Date _____

Name _____ DOB _____

Please indicate how your varicose vein symptoms impact specific activities of daily living:

- | | | | |
|---|-----|---|-----|
| 1. Do you have pain when taking a shower or bath? | Y N | 10. Do you have pain when grocery shopping? | Y N |
| 2. Do you have any bleeding from the veins? | Y N | 11. Do you have pain when you bend or squat? | Y N |
| 3. Does getting dressed hurt? | Y N | 12. Does it hurt when you are sleeping? | Y N |
| 4. Does it hurt if you bump them? | Y N | 13. Does it hurt when your dog or cat jump on your legs? | Y N |
| 5. Does it hurt to cross your legs? | Y N | 14. Does it hurt to sit for an extended period of time? | Y N |
| 6. Do you have pain with meal preparation? | Y N | 15. Does it hurt to stand for an extended period of time? | Y N |
| 7. Do you have pain when doing household chores? | Y N | 16. Do you bruise easily? | Y N |
| 8. Does it hurt to garden or mow the grass? | Y N | 17. Weight change +/- 10 lbs in the past 30 days | Y N |
| 9. Do you have pain with exercise? | Y N | | |

Please list any other symptoms in your legs: _____

Approximately when or how long have you been noticing your symptoms? _____

Have you used medical grade compression stockings (minimum of 20mmHg)? Y N Since? _____

Past Medical History: (surgeries, hospitalizations and illness)

Personal history of Heart Disease? Yes No

Do you have stents? Yes No

Medications:

Allergies:

SOCIAL HISTORY:

Marital Status: Single Married Widowed Separated Divorced # of Children _____

Do you/did you ever smoke? Yes No How long? _____ Packs/day _____

FAMILY HISTORY:

Father: Living/Deceased Age _____ Illnesses/Cause of Death _____

Mother: Living/Deceased Age _____ Illnesses/Cause of Death _____

Family history of Heart Disease? Yes No Who? _____ Age? _____

Patient Signature _____

Date _____

To be completed by Physician Assistant

Class:

- 0- Asymptomatic
- 1- Spider, reticular veins
Telangiectasias
- 2- Varicose veins
- 3- Edema
- 4- Skin changes
- 5- Healed ulcer
- 6- Active ulcer

Vitals:

Temp: _____ spO2: _____

Pulse: _____ BP: _____

Ht: _____ Wt: _____

Respiration: _____